HAWAII MARINE B SECTION WWW.MCBH.USMC.MIL **FEBRUARY 8, 2008**



Jazz Minds Art and Cafe offers a wide variety of jazz music from classical jazz to hip-hop jazz. Along with listening to music, patrons also can enjoy drinks and food made by owner Young Yi.



Saxiphonist Randy Wheeler plays a number with his quintet during a performance at Jazz Minds Art and Cafe.

Local spot offers music, more

Cpl. Chadwick deBree

Combat Correspondent

Along Kapiolani Blvd. in Honolulu, music flows through the air attracting anyone passing by. The sweet smell of home cooked shrimp tempura escapes from a kitchen as local musicians perform

Upon walking in, the staff greets its customers with a smile and a hug. Groups of people sit in chairs meant for lounging, talking amongst themselves about legends of jazz.

Moana Mall, is considered Honolulu's premier jazz

Young Yi, owner, said Jazz Minds has been open

Jazz Minds Art and Cafe, located behind the Ala

for more than a year.

"Every other jazz club that opens usually closes in a couple of months, but we've been able to stay open and keep attracting people to come here," she said.

A different performer plays every night in front of a crowd that can reach up to 50 people inside the dimly lit room that showcases pictures of jazz legends including Miles Davis.

Yi said she opened the club to give music lovers a place where they can relax and call their own.

"I love jazz so much; I've been listening to it ever since I was a little kid," she said. "I love the fact that so many people from this younger generation are the ones that predominantly come here to watch the band play. These are the kids that will keep this type of music going for years to come."

One reason Josh Ackers visits Jazz Minds is because of the atmosphere Yi and her employees provide for its customers.

"This place is one of those places that you can

greeted with a smile from the staff. The music that they play here is great, especially because there's different types for different types of people."

Different types of performers display their music every night. Talent ranges from classical jazz to blues jazz to hip-hop jazz, and that opens up the doors for a diverse crowd to come to Yi's place.

With Jazz Minds attracting more and more people every night, Yi laughs at the fact that people said her place wouldn't last more than a couple of months, but it also gives her something she can show her sons to make them proud of her.

Yi said both of her sons have served in Iraq. "They haven't had the chance to come here and see what I've started but I know that they would just love this place," she said.

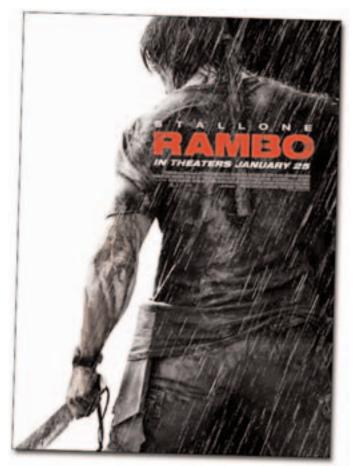
Until her sons return home from Iraq, Yi said she will be taking care of her new kids: her customers and the bands that play her passion every night.

For more information and directions to Jazz



Cpl. Chadwick deBree

RVIEW



BLOODY BURMA

Sly pulls another rabbit out of hat

Ken Griffin Managing Editor

Holy cow, folks - the new

"Rambo" movie is a masterpiece! The most accurate cliché that comes to mind is "That's right, the all-American action franchise is back and better than ever."

Frankly, I went to see old-asheck Sylvester Stallone play John Rambo for pure novelty reasons... but the geezer pulled a rabbit out of his hat and wrote, directed and starred in what might be the best over-the-top action movie I've ever seen.

Stallone varied the formula a little this time, but there are certainly no surprises. In fact the only variance is that Col. Traut-

show up to talk the ultimate warrior into one last mission. Rambo, living in peace in northern Thailand, decides from almost the start to accept who he is and go back to war.

man doesn't

Wisely avoiding Iraq or Afghanistan, Stal-

lone chose a less-known but devastating conflict - Burma. In 1989, a military junta took over and changed the name to Myan-

The regime brutally suppresses its people, crushing all dissent. (A more realistic movie about the Burmese plight is "Beyond Rangoon"). The Karen Tribe of northern Thailand and southern Burma is in a constant state of civil war with the government.

At the beginning of the movie, Rambo is aware of the war in Burma but is content to pretend the world around him doesn't ex-

He hunts poisonous snakes, fishes and lives a quiet life. When missionaries show up wanting his help to get upriver to help the Karen people, Rambo has a lessthan-philosophical way of saying he's not interested in helping

people.

But, the kind and inspiring words of Sarah (Julie Benz), one of the missionaries, convinces Rambo to take an interest in helping them and other people as well. There's a tiny hint of a twinkle in Sly's thousand-yard stare, but other than that don't expect any sparks (unless they're shooting out of the barrel of a .50 caliber machine gun later).

To say things don't go well for Sarah, the rest of the missionaries and the Karens they're trying to help could be the understatement of the year. The military pays an unfriendly visit to the village, kicking off the action portion of the movie. It's almost nonstop action from this point on. After Rambo

gets word of the group's capture, he agrees to help some mercenaries upriver to save the missionaries. What the mercenaries don't know is Rambo is coming with them.

Even though the rest of the movie is pre-

dictable, I won't ruin the "plot" by telling you what you already know ... if that makes any sense. The action is so over-the-top, it's almost an action movie parody. But, it walks the fine line between parody and action with surgical

Trust me, predictable or not,

"Rambo" is a must see for franchise fans and action fans alike. You might want to leave the children at home for this R-rated film, and in all seriousness, I can't recommend movie to anyone who has or thinks they might have post traumatic stress disorder.



Random 3 from top 10 movies The Princess Bride, Vertigo, The Matrix

Random 3 from top 10 books The Bloody Chamber, The Handmaid's Tale, The Intuitionist

Favorite Director Bryan Singer



Random 3 from top 10 movies The Simpsons Movie, Jaws, Indiana Jones trilogy

Random 3 from top 10 books The Melancholy Death of Oyster Boy: and Other Stories, Animal Farm, 1984

Favorite Director



Random 3 from top 10 movies Barfly, The Graduate, Cool Hand Luke

Random 3 from top 10 books Factotum, The Grapes of Wrath, Ask the

Favorite Director



Random 3 from top 10 movies Heat, Pulp Fiction, Zoolander

Random 3 from top 10 books Women, On the Road, Confederacy of

Favorite Director Alfonso Cuaron



Random 3 from top 10 movies The Goonies, Love and Basketball, Dirty

Random 3 from top 10 books The Princess Bride, Bridge to Terabithia, Say Goodnight Gracie

Favorite Director



Random 3 from top 10 movies Any 'Aliens' movie, Resident Evil Trilogy, Who Framed Roger Rabbit?

Random 3 from top 10 books Starship Troopers, Lord of the Rings Trilogy, Willow

Favorite Director Bruce Campbell



Random 3 from top 10 movies Eternal Sunshine of the Spotless Mind, Pan's Labyrinth, Adaptation

Random 3 from top 10 books In Cold Blood, Lolita, The Dark Tower

Favorite Director Michel Gondry



Random 3 from top 10 movies Gone With the Wind, It's a Wonderful Life, The Rocky Horror Picture Show

Random 3 from top 10 books Gone With the Wind, Harry Potter, Pride and Prejudice

Favorite Director Tim Burton



Random 3 from top 10 movies Fear and Loathing in Las Vegas, 300, Easy Rider

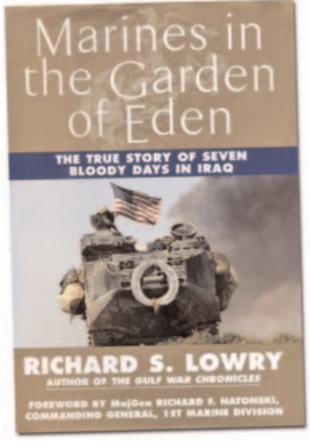
Random 3 from top 10 books Farewell to Arms, The Great Gatsby,

Favorite Director

Second Opinion "Rambo"

2 out of 4 (High and to the Right) If you plan on catching Sylvester "I Should Be on Medicare" Stallone in the newest "First Blood" installment, "Rambo," let me give you a bit of friendly advice — Show up an hour late, all you'll miss is old-man Sly standing in the rain, looking upset and spouting one-liners like "You ain't changin' nothin'." The film picks up the pace by the third act and we finally see what we paid for — unadulterated Ramboism. It's too bad the film takes too long to get there; we don't need a backstory — you're Rambo! We know where the plot is headed. As far as Stallone's films go, this one is nowhere near as good as franchise finale "Rocky Balboa" and only slightly more tolerable than Stallone's movie debut (look it up)."

- Cpl. Fayloga



The last refuge of a scholar

Ray Rippel

Special to the Hawaii Marine

On March 23, 2003, Task Force Tarawa fought the single largest engagement of the first phase of the Iraq War: the Battle of An Nasiriyah. Mr. Richard S. Lowry's "Marines in the Garden of Eden: The True Story of Seven Bloody Days in Iraq," is an account of that battle and an approbation of the Marines involved.

Lowery, a former Sailor, submariner and author of "The Gulf War Chronicles," details each phase of the task force's deployment: assembly stateside, transport on Navy ships, training and waiting in Kuwait, and movement into Iraq. Along the way he writes an enthusiastic encomium of almost everyone involved.

Unfortunately, history and hawitnessed the events historians leys of An Nasiriyah. describe, credibil-

ity is their most critical asset. Most readers, the admirable souls that we are, grant that credibility right from the beginning. But we're not dimwitted. We watch the nightly news, we read newspapers, and we've

become adept at sniffing out any trace of bias.

It doesn't take much of a nose to detect Lowry's bias, even if it's far more tolerable than most. He has a great fondness for the United States Armed Forces in

general, and the Marine Corps in particular. Unlike the bitter prejudices one encounin mainstream media, his are sweet - but just as corrupting.

Almost every character introduced in "Marines in the Garden of Eden" is "smart and tough," "out-

going and charismatic," and "calm, composed and in control." How do we know? Because Lowry tells us. That, apparently, is supposed to be sufficient. He ignores the old adage: "show the reader, don't tell him." Either Lowry observed behavior that convinced him to use these superlatives, or he just jumped to those conclusions. If the former is true, Lowry owes us the descriptions of the behavior he observed (so we can draw our own conclusions). If the latter is true, he's writing advertising copy, not his-

Once Task Force Tarawa maneuvers into Iraq the author scales back the hyperbole and shows us the strength of his reporting: extensive interviews with many of the key participants. He puts us inside armored giography are not a good mix. vehicles, medical evacuation heli-Because few of us have actually copters, and in the streets and al-

"When Newland Schielein's team, he pointed north and screamed, 'Schielein — CAAT-CAAT! We got tanks!' Schielein's machine gun vehicle raced up on the bridge and began laying down suppres-

sive fire with their .50 calibers while the TOW vehicles set up, scanned for targets, locked on, and fired their deadly missiles at the Iraqi tanks. The TOW teams worked in a round-robin, one firing while another was moving up on the bridge and the others were reloading. In short order, the CAAT section destroyed eight Iraqi tanks."

Lowry is at his best when looking over the shoulder of the individual Marine. He's less adept at the bigger picture.

Battles are tough to describe. By their nature they are enormously complicated, and no one person has visibility over more than a tiny portion of the action. This is where a good historian

See REFUGE, B-5



Valentine's Day is just six days away and we still haven't found a sweetheart to be our valentine. Time is short and desperate times call for desperate pick-up lines. We are interested in a special someone down the hall but we're not sure how to get the ball rolling. Maybe you can help us out ...

What's the worst pick-up line you've ever heard?

*[tôk stôreï] Hawaiian slang for an informal, lengthy conversation. Often used as a method to bond, or a good way to kill time.



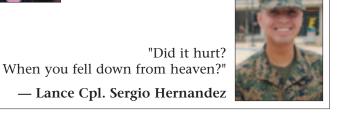
I've seen one guy look at someone's name tag and go, 'Yep. Made in Heaven.'

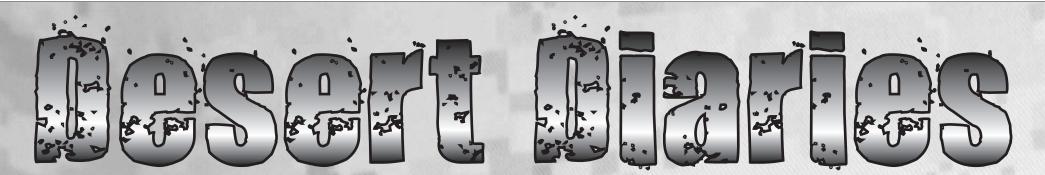
> — Petty Officer 2nd Class Robert Pogorelec



"Is your father a thief? He stole the stars in the sky and put them in your eyes."

— Angela Lenz





Lance Cpl. Alesha R. Guard

Combat Correspondent

Since 1965, the Marine Corps has effectively preserved its history through the Marine Corps Oral History Branch. The corps-wide program is conducted here by Capt. Diana Mearns, the historical program officer, who documents the accounts of Hawaii's service members. The warriors' stories are collected orally and join the ranks of thousands of Marines and Sailors who've come before them, dating back to the Vietnam War.

"Desert Diaries" tells the personal stories of pride and loyalty, humor and sadness, and the glory and horror of America's wars. The stories are provided by the base historian, and are published to help share our warriors' stories with the public.

The day after graduating high school, he joined the Marine Corps. And he's never looked back. This is where his passion is. This is where he knows he belongs.

In March 2007, 1st Lt. Kelly Attwood deployed to al Asad, Iraq, with the advanced party for Marine Heavy Helicopter Squadron 362, Marine Aircraft Group 24.

"We met up with our sister squadron, HMH-363," Attwood said. "We got the rundown and

trained up on operations there from them, so that when our main body rolled in we were prepared to get them ready to conduct the mission without a problem during the transfer of authority."

As a section leader, Attwood helped develop his mission's plan, trying to make them as safe as possible and find the smartest way to complete each mission.

"You take that mission and arrange it accordingly upon your route that's

given to you from point to point in the area of operations," Attwood said. "You put it together and logically arrange everything that needs to go on the two aircraft to successfully complete that mission."

Attwood said he determined fuel stops, the amount of gas needed, when and where to stop and flight legs.

"If higher headquarters sends something down to you that you know could be done bet-

ter, you're going to ask, 'Hey, can we do it this way because we think it will be safer," Attwood said. "Nine times out of ten they'll evaluate your suggestion and agree." Attwood remembers a particular mission that helped his squadron's readiness. "One section of our aircraft was shot at one

ATTWOOD

the book, and still brought it home safely."

He said it was at that point during the deployment it was almost good it happened to his squadron.

missle,"

night by a surface-to-air

recalled. "They maneu-

vered, did everything by

Attwood

"It wasn't good that we were shot at, but it allowed us to re-evaluate what we were doing. Everyone had been flying for months and nothing had ever happened. Then when something like that happens . . . it puts you on edge. It puts you on edge just a little bit more so that maybe you keep that extra watchful eye again like it was the first night that you went flying."

He said it allowed everyone to take a look at what they were doing and see how they could

While deployment is stressful for anyone, Attwood said he focused on the positive aspects of work to cope.

"All I have to do is go to work and do my job well," Attwood said. "If I do my job well, we all come home every time and what else can you ask for? If you do that every day, you're going to go home eventually."

The squadron returned home in October after flying more than 4,000 hours, Attwood said. For his flight hours, he received an air medal with four flight/strike stripe awards. The squadron left with everyone and brought everyone back.

Attwood said he hopes to make the Marine Corps a lifelong career.

"I can't think of anything else I'd really love to do, because I love to fly Marines," Attwood said. "Knowing that by the time that I've put in, that if I can pick some Marines up and facilitate them so they don't have to walk to their destination and risk an IED, I'm glad to do it."

A Day in the Life

Lance Cpl. **Achilles Tsantarliotis**

Combat Correspondent

Editor's note: A Day in the Life highlights military occupational specialties and Department of Defense jobs throughout the Marine Corps. This series gives appreciation to the thousands of service members, DoD employees and civilians who make Marine Corps Base Hawaii and installation of excellence.

ost jobs in the Marine Corps require resilience. It's not uncommon for certain Marines to perform a role that's in no way related to their official occupa-

Imagine a job that's so undefined, Marines in that occupational field have a

nition.

The Base Inspector's Office falls in the grey area of law and order.

Fortunately, Cpl. Bianca Fuentes has a clear understanding of what her duties are as an inspector administrative clerk.

"We handle any of the conflicts on base that military police don't have authority on," said Fuentes, a Sun Valley, Calif., native. "Some of the things we might deal with are housing complaints, home businesses and marriage issues."

The 21-year-old Fuentes said she's the middleman between base problems and her chain of command, answering complaints and delegating them to the proper command or authority.

The base inspector's office isn't an occupation Marines enlist in; instead, Fleet Assistance Program Marines fill the slots. Fuentes had been in the aviation supply field when she left to take her current duty.

"I didn't know what to expect," Fuentes said. "Once I started working and realized how I was helping people resolve problems, no matter how big or small, I started enjoying it, because that's one less headache for them and



Lance Cpl. Achille Tsantarliotis

Corporal Bianca Fuentes, inspector administrative clerk, Headquarters Battalion, is part of the bridge between base regulations and laws. She receives phone calls or e-mails ranging from base housing conflicts to driving privileges, and delegates them to the proper command.

base to be as harmonic and problem free as possible."

Fuentes said she was glad to have the opportunity to leave the aviation field and experience a different side of the Marine Corps.

"This is something I really enjoy doing," Fuentes said. "It felt like I was a part of the base's safety and order; I took a lot of pride in that. Being able to experience such an important job and see another view of how the Marine Corps works was one of the reasons I joined. I wanted to travel and gain experience in as many different aspects as I could, and I have."

A big benefit of working in the base inspector's office was learning how to handle different conflicts and the best way to help resolve them, she said.

"When people are waiting for something that means a lot to them or is pretty important to them, like driving privileges, for instance. I try to handle it as fast as possible because I realize how important it is to them, and I want them to know that. Being able to help people and make their day is what it's all about."

Although Fuentes enjoys assisting people in need, it's not always a posi-

hard time giving their role a solid defimakes life that much easier. I want the tive experience. Many of the problems she encounters include complaints from base housing or from the police blotter that need to be handled accord-

> "Some people will be having problems with their neighbors and will call us," Fuentes explained. "It's usually an issue the military police don't have authority over at that point, and we'll have to figure the situation out before pushing to anyone else. Sometimes it'll go to magistrates or even the criminal investigation department. It's our job to clear the 'grey area' and figure out who is best to appropriately handle it."

> Ultimately, the main goal of the base inspector's office is to enforce compliance with all base orders, said Master Sgt. Joseph Taitingfong, Deputy Base

> "We make sure everyone's in accordance with the installation's policies and orders," Taitingfong said. "If they're not, we determine the best course of action."

> The irregular problems the communities of Marine Corps Base Hawaii encounters are handled with diligence by the base inspectors like Fuentes, because the community's morale and comfort are a top priority.

Plan for retirement home while young

News Release

LIFELines

For 25 years you've circled the globe, calling 15 diverse locations home. Your career has taken you to the East Coast, West Coast, Gulf Coast, Italy, Japan and places in between. On average, you and your family have pulled up anchor and made a move every two-and a-half years.

Many times you lived on base. When base housing wasn't available, you met your family's housing needs in small apartments or town homes. Later in your career, you splurged on single-family homes a couple of times, but because of your nomadic lifestyle, you always rented.

That didn't stop you from dreaming about owning your own home, dreaming about owning your own little piece of the world where you could finally grow some roots. And you've made it a goal to be a homeowner, so you've saved for the down payment, and you've kept a clean credit record. You've done your research, and you know the time is approaching when you'll be ready to join the ranks of homeownership.

Now, retirement is just down the street and approaching fast. 's time to make the leap, into retirement, into a new career. and into your own home.

Factors to Consider When Deciding on Your Home

There are a number of considerations to make when you are contemplating buying a retirement home. Where you want to live, your current financial health, future potential earnings, and the amount of your retirement income all factor into how much you are able and willing to spend for your 40 acres.

Other considerations include whether you have to pay for your children's college education, whether you want to travel or spend money on other big-ticket items, or how much you want to save for your true retirement. For some, another factor will be whether an ex-spouse will receive part of your retirement pay under the Uniformed Services Former Spouse's Protection Act.

Retirement Pay

Your monthly retirement pay is calculated based on the number of years and months of active service you performed. The Military Pay and Benefits website provides an online calculator to help you determine your projected monthly retirement

Many retirees base their mortgage payment on the amount of retirement pay they will receive because this monthly payment will continue for life, and it will increase with annual cost-of-living adjustment increases determined by Congress. Tying a mortgage payment into retirement pay is a quick and convenient way to budget for the mortgage payment.

Your New Career

Once you've determined how much retirement pay you will receive, you have to determine whether you are going to find a new civilian career to bring in additional income. The majority of retirees continue to work for many years after military retirement because most retirees are in their 40s or early 50s when they transition out of the service.

See HOME, B-5

MOVIE TIME:

Prices: Friday and Saturday 7:15 p.m., shows are \$3 for adults and \$1.50 for children. Sunday matinee is shown at 2 p.m. Shows are \$2 for adults and \$1 for children. Evening showings on Sunday and Wednesday are at 6:30 p.m. and late shows are shown Friday and Saturday at 9:45 p.m. Cost is \$2 for adults and \$1.50 for children.

For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons. In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag

checks, confiscation of cameras or cell phones with picture taking capability (items will be returned after screening), magne-

tometer wanding, audience scanning with night vision goggles during screening.

The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For recorded information, call the Base Theater at 254-7642.

I am Legend (PG13) No Country for Old Men (R) National Treasure: Book of Secrets (PG) Charlie Wilson's War (R) The Golden Compass (PG13) I am Legend (PG13) No Country for Old Men (R) National Treasure: Book of Secrets (PG) Charlie Wilson's War (R)

Today at 7:15 p.m. Today at 9:45 p.m. Saturday at 7:15 p.m. Saturday at 9:45 p.m. Sunday at 2 p.m. Sunday at 7:30 p.m. Wednesday at 6:30 p.m. Friday at 7:15 p.m. Friday at 9:45 p.m.

Word to Pass-

Singing Valentines

The Sounds of Aloha Chorus, a non-profit organization, is offering live singing valentines 9 a.m. to 9 p.m. Feb. 13-14, and for special events Feb. 15-16. The organization asks for a \$60 donation in place of compensa-

For more information, call 262-7664 or http://www.hawaiisingingvalentine .com.

Art Auction at O'Club

The Officers' Spouses Club is holding an art auction at the Officers' Club Feb. 16 at 5:30 p.m. Advance tickets are \$20. Proceeds from this event benefit KOSC charities.

For more information or to purchase tickets, call 223-7656 or e-mail koscartauc tion@hotmail.com.

Teen Dance

Youth Activities is hosting a teen dance today from 7 to 10 p.m. at Building 1090. United DJs will provide music. The event is free for CYTP members, and \$2 for everyone else (two-guest limit per member).

For more information, contact Youth Activities at 254-7610.

Treats for Sweets

The "Make a Treat for your Sweet" program is Saturday at the Base Library from 10 to 11 a.m. Enjoy an hour of heartwarming stories, crafts and a sample valentine treat. Open to all military families, sponsored guests and Department of Defense employ-

For more information, call Merri Fernandez at 254-7624.

Haunama Bay Trip

The Single Marine & Sailor Program is

hosting a trip to Haunama Bay Saturday for Marines and Sailors E-5 and below and their sponsored guests.

Transportation leaves Kahuna's parking lot at noon and the Camp Smith Recreation

For more information, call Marcella T. Cisneros at 254-7593.

K-Bay's Garden Reopening

The grand reopening for K-Bay's Garden is today at 11:30 a.m. There will be a Chinese lion dance and drink specials.

For more information, call Norman Cote at 254-7639.

STD/HIV Prevention Display

Come get information on preventing the spread of sexually transmitted diseases and HIV at Anderson Hall Feb. 12-14 from 11 a.m. to 1 p.m. The display is part of the Sexual Health and Responsibility Program.

For more information, call Dan Dufrene at 254-7636.

Comedy Show

Come see hilarious standup comedy acts at Kahuna's Feb. 13 at 7 p.m. The event is free, open to all E-5s and below and their sponsored guests.

For more information, call Alexis Swenson at 254-7660.



MARINE MAKEPONO

HAWAHAN FOR "MARINE BARGAINS"

MISCELLANEOUS

Children's bouncy house, \$60. Call 781-9577.

Queen size sofa bed, good condition, \$250, small bookcase, \$50, 52X Iomega CD-RW/DVD ROM external drive, \$50. Call 237-0980.

YARD SALE

Multi-family garage sale, Kaluapuni housing area on Pond Road. Children's items, furniture, clothes and more. Saturday from 7:30 to 11:30 a.m.

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.

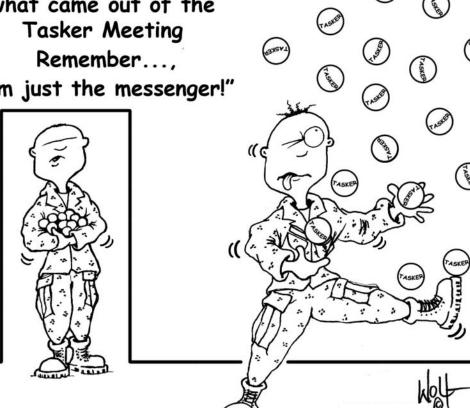
Ads are free and will appear in two issues of Hawaii Marine, on a space-available basis.

Those interested in advertising must bring a valid DoD-issued ID to the Hawaii Marine

Makepono may be used only for noncommercial classified ads containing items of personal property.

Forms may be filled out Monday through Friday between 7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office located in Building 216, room 19, aboard Marine Corps Base, Kaneohe Bay.





ON THE MENU

AT ANDERSON HALL

Friday Lunch

Beef barley soup

Split pea w/ham

Oven roast beef

Baked tuna & noodles

Steamed rice

French fried cauliflower

Vegetable combo Brown gravy

Chilled horseradish

Banana coconut cream pie Chocolate chip cookies

Carrot cake w/cream cheese frosting

Vanilla/chocolate cream pudding

Lime/strawberry gelatin

Dinner

Beef barley soup

Split pea w/ham Sauerbraten

Baked knockwurst w/sauerkraut

Scalloped potatoes Noodle jefferson

Green beans w/mushrooms

Creole summer squash

Brown gravy Desserts: same as lunch

Saturday

New England clam chowder Minestrone soup

Swiss steak w/mushroom gravy

Pork chops mexicana Mashed potatoes

Spanish rice

Mexican corn

Peas and mushrooms Brown gravy

Cheese cake w/cherry topping

Fruit nut bars

Yellow cake w/butter cream frosting

Vanilla/chocolate cream pudding Lemon/raspberry gelatin

Sunday

Bean w/bacon soup Vegetable soup

Beef pot pie Baked ham

Boiled egg noodles

Baked macaroni and cheese Club spinach

Cauliflower au gratin Cream gravy

Vanilla cream pie Vanilla cookies

Bread pudding w/lemon sauce

Pineapple upside down cake Vanilla/chocolate cream pudding Strawberry/orange gelatin

Monday

Lunch Chicken noodle soup Manhatten clam chowder

Teriyaki chicken Salisbury steak Mashed potatoes

Steamed rice Simmered carrots

Simmered lima beans Brown gravy Chicken gravy

Pumpkin pie Chocolate cookies Easy chocolate cake w/frosting

Vanilla/chocolate cream pudding Raspberry/strawberry gelatin

Dinner

Chicken noodle soup Manhatten clam chowder

Roast turkey Hungarian goulash

Wild rice

Parsley buttered potatoes Green beans w/mushrooms Simmered corn

Brown gravy Chicken gravy Desserts: same as lunch

Tuesday

Lunch Chicken w/rice soup Beef noodle soup Chicken adobo Pepper steak

Buttered egg noodles Potatoes au gratin Glazed carrots Black-eyed peas

Cream gravy Strawberry glazed cream pie

Brownies

Devil's food cake Vanilla/chocolate cream pudding

Cherry/lime gelatin

Chicken w/rice soup Beef noodle soup Swiss steak w/tomato sauce

Lemon baked fish Lyonnaise potatoes

Steamed rice

Southern style green beans

Vegetable combo Brown gravy Desserts: same as lunch

Wednesday

Lunch Potato chowder soup Beef barley soup Baked ham Chili macaroni

Candied sweet potatoes Grilled cheese sandwich French fried okra Cauliflower au gratin Pineapple sauce

Bread pudding w/lemon sauce Peanut butter brownie Banana cake w/butter cream frosting

Vanilla/chocolate cream pudding Orange/raspberry gelatin

Dinner

Potato chowder soup Beef barley soup Baked stuffed pork chops Turkey pot pie

Calico corn Simmered peas and carrots Boiled egg noodles Mashed potatoes

Brown gravy Desserts: same as lunch

Thursday

Lunch Cream of chicken soup Tomato soup Sweet and sour pork Baked tuna & noodles Shrimp fried rice Corn on the cob Club spinach Corn bread dressing Peach pie Snickerdoodle cookies

Lime/strawberry gelatin

Dinner Cream of chicken soup Tomato soup Swedish meathalls Caribbean chicken breast Steamed rice Paprika butter potatoes

German chocolate cake

Vanilla/chocolate cream pudding

Simmered brussels sprouts Simmered summer squash Chicken gravy

Desserts: same as lunch

Marine Corps Base Hawaii Command Religious Program

Weekly Services

Roman Catholic Tuesday - Friday-11:45 a.m. - Daily Mass

1st Friday of Every Month- 12:15 a.m. - Eucharistic Adoration Sunday- 9:30 a.m. - Sunday Mass Sunday- 5 p.m. - Sailor – Marine Mass

Protestant

Sunday- 8 a.m. - Liturgical Service Sunday- 11 a.m. - Contemporary Service

Jewish

Aloha Jewish Chapel Pearl Harbor (Bldg 708) across from Makalapa Medical Clinic

POC Mr. Daniel Bender, 523-4814 Monday- 6 p.m. - Jewish Bible Study Friday- 7:30 p.m. - Kabbalat Shabbat

Saturday- 8:15 a.m. - Shabbat Morning Services

Community Outreach

"Feeding the Homeless"

Chaplain Stroud:

Chaplain Cates:

FAX#: 257-5995

Chaplain Hill:

Our next scheduled "Feeding the Homeless" at the Institute of Human Services in downtown Honolulu will be Feb. 16. For more information, call Jessica Broda 351-6531.

CREDO Hawaii Spiritual Fitness Center Located at the MCBH Theater's Courtyard, 257-1919.

Personal Growth Training- Feb 20-21 amd Mar 8-9.

Contact Numbers

257-3552 Recorded message: Chaplain Linehan: 257-5138 257-1501 257-8318 257-2734

RPC(SW/AW/FMF) Nicholas: **RP3 Chambers:**

*The Base Chapel maintains a list of local religious churches and congregations. For more

Marlene Miller (Rel. Education): 257-1499 Nadine Kurtz (Secretary):

257-3552

257-8319

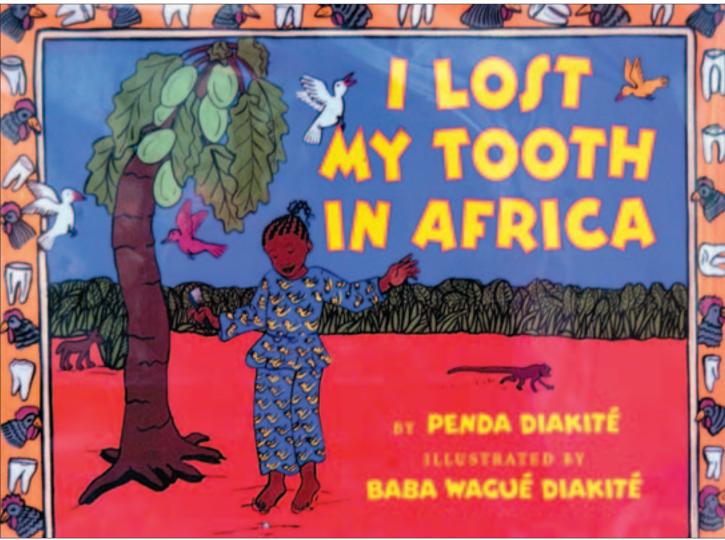
257-4463

MCBH Duty Chaplain: 257-7700

information, call 257-5138.



Addison Clift, 2-1/2-year-old participant, looks at pictures of Adinkra symbols and glues them in a West African Wisdom book.



I Lost My Tooth in Africa, by Penda Diaketi, was just one of the African folk tales read to children at the Base Library Saturday.

Folktales, crafts teach children about African American History

Lance Cpl. Alesha R. Guard

Combat Correspondent

Children and parents cele-African-American History month at the Base Library Saturday.

The librarians read African legends and folktales to little ones; then taught them to make decorative African art in celebration of black heritage.

"There was a need to get a program together for the base because there wasn't much out there," said Merri Fernandez, library technician and program coordinator, Base Library.

Established in 1976 by Afro-Americans for the Study of Afro-American Life and History, Black History Month was an expansion of Negro History Week. Carter G. Woodson, director of Association for the study of Negro Life and Douglas and Abraham scholarly study. Lincon.



Deonte McKeever, 2-year-old participant, makes African art.

children to get together other cultures," and learn something new," Fernandez said.

ASNLH created Black History, chose the week in History Week to diminish legged, quietly listening blessing. Wearing an afro February that included the the basis of the idea of with anticipation for was a way for them to birthdays of both Frederick black inferiority through Fernandez to turn the page stand up for what they

"It's important to the time.

"It's a good time for children to learn about Heather Freytag, library aid, Base Library.

"But my teacher made me feel better," Fernandez read. "She said that when she was growing up, folks The children sat cross- counted their hair as a of each book during story believed, to let the world know that they were proud

of who they were and where they came from."

The books are all based on African-American legends or folktales, including Beautiful Blackbird," by Ashley Bryan; "Lazy Lion," by Muenya Hadithi and Adrienne Kennaway; and, "I lost my tooth in Africa," Penda Diaketi, Fernandez said.

"I liked when we read the stories," said Kaivlani Fernandez, 8-year-old participant. "My favorite story was "The Magic Stick," with Nancy the spider."

After story time, the children made multi-colored woven placemats and picture books. The books included pictures with descriptions of West African wisdom Adinkra symbols.

"You can't go wrong with crafts," Freytag said. "They always have a lot of

fun with it."

One little guy wants to give his woven placemat project to his father, who's currently deployed.

"I'm going to give it to him for his birthday in June," said Donovan McKeever, 7-year-old participant.

The librarians hope the celebration helps continue to recognize black heritage and promote racial blindness in children here. Black History Month is just one of many celebration programs the library holds for children.

"We do five multi-culture programs each year," Freytag said. "We also have programs such as Native American, Asian American and Women's History."

Every Thursday the library has story time and crafts, 10-11 a.m., open to everyone.

HOME, from B-3

Where Do You Want to Live?

A big decision you have to make while looking for civilian employment is deciding where to live. Since the military will move you to your retirement home of selection anywhere in the United States, you can make your job search fit your homeowning dreams, without having to worry about paying moving

Choosing your retirement location requires taking into account many factors, including cost of living, home prices, job availability, climate, etc. These are all personal decisions you and your family need to make.

Budgeting

When you decide to buy your retirement home, it is a good idea to make a budget and stick to it. With proper planning and insight, it is possible to own a home and maintain the standard of living that you want to have in retirement.

REFUGE, from B-2

can do something that's close to magic: combine thousands of sometimes conflicting details into a comprehensive portrayal of what truly happened; one that reveals the critical decisions (good and bad), the decisive maneuvers and ruinous blunders of the engagement. Lowry ultimately falls short for two reasons.

His most critical shortcoming is the complete lack of perspective from the Iraqi side of the battle. Here I can hardly fault the author. The opposition in An Nasiriyah was splintered, disorganized and poorly led. Those who survived are likely still in Iraq, which is not a hospitable place for your average bookish historian.

Nevertheless, there were two sides in this battle. I found myself wanting to know more about why the Iraqi military, the Fedayeen and the general population reacted as they did.

The other problem is a direct result of what is admittedly the strongest aspect of the book: the exhaustive interviews. Those interviews produced lots of facts, and he seems determined to use every last one of them, regardless of their relevancy to the story. You occasionally get the feeling that you're reading a command chronology or an after-action report. Great historians sift through their research for the most vital details, and then weave them together to tell a story. When successful, they estab-

lish a narrative flow that provides context

and illuminates the fundamental forces that drive the battle. Lowry has all the notes, but seems unable to play the music.

This is not a bad book, and Lowry is quite obviously a profoundly patriotic fellow. It's clear in the pages of "Marines in the Garden of Eden" that he understands the depth of the sacrifices required of troops in the field and their families at home. But a patriot who cannot put aside his devotion to country should not write history for the same reason a doctor shouldn't operate on a family member. When it's time for the surgeon to put scalpel to my flesh, I'll take the clearheaded, disinterested, master-of-the-craft every time. If I don't make it, get Lowry to write my eulogy.

AROUND THE CORPS

Marine donates 2/3 of liver, saves mother's life

Cpl. Mikaela M. **Bravo-Cullen**

2nd Marine Logistics Group

MARINE CORPS BASE CAMP LEJEUNE, N.C. — Marines put their lives on the line in battle so millions around them don't have to. years, and continue, to this day, to sweat, bleed and fight to ensure the safety of this country.

Putting one's life on the line for another is a selfless act that comes straight from the heart. For Lance Cpl. Nathan J. Williamson, a warehouse clerk with Supply Company, 2nd Supply 2nd Marine Battalion, Logistics Group, being a live organ donor allowed him to save his mom's life and live to see her again.

On July 10, 2007, in an act unconditional love, Williamson underwent an eight-hour surgery to remove two-thirds of his liver, while his mother waited nervously in a nearby operating room to have her liver replaced with her son's.

"The hardest part about the surgery was not knowing if my son was okay," Williamson's mother said. "He wanted to do this and I knew I needed the surgery. Without the transplant I [could've] died. Knowing that he was willing to do this for me made him my hero. He was saving my life."

Two years before the surgery, Williamson's mother began suffering from primary biliary cirrhosis, a disease that destroys the liver's bile ducts at a slow rate. When the ducts are damaged, bile builds up in the liver and begins to destroy it.

"My mom was always tough while she was sick," Williamson said. "She came to almost all my sports games in high school and nobody could ever tell she was ill."

After graduating high school, Williamson joined the Marine Corps and soon after began working in his new job. Nearly a year after stepping on the infamous footprints, Williamson received a message that would change his life forever.

"One day after work I got a voicemail from my family about mom, so I called the hospital and found out that she wasn't doing well," Williamson explained. "They said they needed somebody to be tested as a live donor and because I have the same blood type, there was a higher chance of me being a possibility."

"When I found that out, I told everyone I wanted to be tested," Williamson continued. "I remember [going] home in June for a three-day process that included blood work and CAT scans to test if I could be a donor."

Along with having a compatible blood type, one of the requirements for being a liver donor is to be physically fit. As a Marine, Williamson had no problems meeting the required physical fitness standards.

"I remember when they stuck a long needle in my abdomen to do a liver biopsy, I clenched up and the needle bent because my abs were so strong," Williamson said. "Once the testing was over they determined that I was a perfect match."

Being a perfect match made Williamson's decision to donate his liver come easily as his only concern at this point was doing his part to

save the woman who gave him life.

"People keep asking me how long it took me to make the decision to donate my liver," Williamson said. "I didn't think twice about it because she's my mom."

According to Dr. Kusum B. They've done this for 232 Tom, a transplant surgeon at the Thomas E. Starzl Transplant Institute in Pittsburgh, the institute has an average of 25-35 adult live liver transplants and 12-20 pediatric live liver transplants each year.

"I've been working at the [institute] for six years, and I've seen only a few service as live liver members donors." Tom said. "Williamson was our first Marine live liver donor."

Williamson's direct supervisor, Master Gunnery Sgt. William H. Wharton, staff non-commissioned officer-incharge of Storage Operations, Supply Company, 2nd Supply Battalion, 2nd MLG, knows his Marines very well but feels Williamson's bravery speaks volumes about his personal character and what he represents as a Marine.

"This says a lot about his mental courage," explained Wharton. "It's very noble of a vibrant young man who is just in the prime of his life, whose personality radiates energy and enthusiasm, to sacrifice his Marine Corps career for the sake of his mother."

While Williamson appreciates the support from his Marine Corps leaders, he knows he would not have been able to go through the surgery without the support of his family and friends.

"Support helps with anything you do," Williamson said. "Our family is so tightly-knit that there was a lot of support. Some of them stayed so long at the hospital they were asked to leave. One of my friends even tried hiding in the closet because he didn't want to go."

Nearly six months after his transplant operation, Williamson is working hard to return to full duty through determination and a



Lance Cpl. Nathan J. Williamson stands with his mother before undergoing a liver transplant surgery July 10, 2007, in Pittsburgh. Williamson donated two-thirds of his liver to save his mother's life. Williamson is a warehouse clerk with Supply Company, 2nd Supply Battalion, 2nd Marine Logistics Group.

commitment to self improve-

spirit," Wharton added. risk his own life in order for

"Like all Marines, he exem- others to enjoy the liberties "He ignites the human plifies the mental courage to that we so richly cherish."